

# EAST MEETS WEST

## Traditional Medicines + Modern Systems Biology

### A LECTURE SERIES: FALL 2010

Each Thursdays, 5:30 pm to 7:00 pm, 66-168, M.I.T., 77 Mass. Avenue, Cambridge, MA 02138



**December 2, 5:30PM to 7PM, 66-168**

### ***Yoga as Medicine: Molecular Mechanisms of Ancient Asanas (Postures)***



Dr. V.A. Shiva Ayyadurai, Ph.D. (MIT)  
Lecturer, MIT Department of Biological Engineering  
United States Fulbright Scholar



Founder, Chairman & President  
International Center for Integrative Systems

Unique presentation of 13 lectures by the world's foremost authority on modern scientific approaches to integrate Ancient and Modern systems of medicine.

The first set of lectures will cover systems of traditional medicines including TCM, SIDDHA, Ayurveda and others. The second set set of lectures will focus on reviewing developments in Modern Systems Biology. The third set will focus on modern research methods demonstrating the Cellular and Molecular Mechanisms of traditional systems of medicine. Live demonstrations of traditional medical practices including pulse diagnosis, face analysis, acupuncture, and other modalities will be presented during classes.

September 9, 2010 to December 9, 2010

**Sponsored by**



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